

Seasonal calendar

Vegetables	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Artichoke							●	●	●	●		
Asparagus				●	●	●						
Autumn turnip									●	●	●	●
Batavia lettuce			●	●	●	●	●	●	●	●	●	
Beans						●	●	●	●	●		
Beetroot	●	●	●	●	●	●	●	●	●	●	●	●
Bell peppers						●	●	●	●	●		
Black salsify	●	●	●	●	●					●	●	●
Broccoli					●	●	●	●	●	●	●	
Brussels sprouts	●	●							●	●	●	●
Carrot	●	●	●	●	●	●	●	●	●	●	●	●
Catalogna					●	●	●	●	●	●		
Cauliflower					●	●	●	●	●	●	●	
Celeriac	●	●	●	●	●	●	●	●	●	●	●	●
Chickpeas	●	●	●	●	●	●	●	●	●	●	●	●
Chicory	●	●	●	●	●	●	●	●	●	●	●	●
Chinese cabbage	●	●	●		●	●	●	●	●	●	●	●
Cicorino rosso	●	●			●	●	●	●	●	●	●	●
Courgette					●	●	●	●	●	●		
Cucumber				●	●	●	●	●	●	●		
Eggplant				●	●	●	●	●	●	●		
Endive salad					●	●	●	●	●	●	●	
Fennel					●	●	●	●	●	●	●	
Flower sprouts	●	●	●								●	●
Garlic	●	●	●	●			●	●	●	●	●	●
Head Lettuce		●	●	●	●	●	●	●	●	●	●	●
Iceberg lettuce				●	●	●	●	●	●	●		
Jerusalem artichoke	●	●	●								●	●
Kale	●	●	●								●	●
Kardy										●	●	
Kohlrabi				●	●	●	●	●	●	●	●	
Lamb's lettuce	●	●	●	●	●	●	●	●	●	●	●	●
Leek	●	●	●	●	●	●	●	●	●	●	●	●
Lentils	●	●	●	●	●	●	●	●	●	●	●	●
Lettuce					●	●	●	●	●	●		

Vegetables	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Lollo				●	●	●	●	●	●	●	●	●
Lupin	●	●	●	●	●	●	●	●	●	●	●	●
Melon						●	●	●	●			
Oak leaf lettuce			●	●	●	●	●	●	●	●	●	●
Onion	●	●	●	●	●	●	●	●	●	●	●	●
Pak-choi				●	●	●	●	●	●	●	●	
Palm kale	●	●	●								●	●
Parsley root	●	●								●	●	●
Parsnip	●	●	●				●	●	●	●	●	●
Patisson squash						●	●	●				
Peas						●	●					
Pointed cabbage	●	●	●	●					●	●	●	●
Potato	●	●	●	●	●	●	●	●	●	●	●	●
Pumpkin	●	●						●	●	●	●	●
Quinoa	●	●	●	●	●	●	●	●	●	●	●	●
Radish			●	●	●	●	●	●	●	●	●	●
Red cabbage	●	●	●	●	●	●	●	●	●	●	●	●
Rhubarb				●	●	●						
Rocket			●	●	●	●	●	●	●	●	●	
Romanesco					●	●	●	●	●	●	●	
Rutabaga	●	●	●	●			●	●	●	●	●	●
Savoy cabbage	●	●	●	●	●	●	●	●	●	●	●	●
Shallot	●	●	●	●	●		●	●	●	●	●	●
Small radish	●	●	●	●	●	●	●	●	●	●	●	●
Soy	●	●	●	●	●	●	●	●	●	●	●	●
Spinach			●	●	●	●	●	●	●	●	●	
Stalk celery					●	●	●	●	●	●	●	●
Sugar pea						●	●	●	●			
Sugarloaf chicory	●	●	●			●	●	●	●	●	●	●
Sweet corn								●	●	●	●	
Sweet potato	●	●	●	●	●	●	●	●	●	●	●	●
Swiss chard			●	●	●	●	●	●	●	●	●	
Tomato				●	●	●	●	●	●	●	●	
Turnip				●	●	●						
White cabbage	●	●	●	●	●	●	●	●	●	●	●	●

● Harvest ● Available in the shop

Seasonal calendar

Fruit	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apple	●	●	●	●	●	●	●	●	●	●	●	●
Apricot						●	●	●	●			
Aronia berries								●	●	●		
Blackberries						●	●	●	●			
Blueberries							●	●	●			
Cherry						●	●	●				
Cranberries						●	●	●	●	●		
Figs								●	●			
Goji berries								●	●			
Gooseberries						●	●	●	●			
Grape								●	●	●		
Kiwi	●	●	●	●						●	●	●
Mini kiwi									●	●		
Mirabelle plum								●	●			
Nectarine							●	●				
Peach							●	●				
Pear	●	●	●	●	●			●	●	●	●	●
Plum							●	●	●			
Quince									●	●	●	
Raspberries						●	●	●	●			
Redcurrants						●	●	●				
Strawberries					●	●	●	●	●			

Herbs	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Basil	●	●	●	●	●	●	●	●	●	●	●	●
Chamomile	●	●	●	●	●	●	●	●	●	●	●	●
Chives	●	●	●	●	●	●	●	●	●	●	●	●
Coriander	●	●	●	●	●	●	●	●	●	●	●	●
Cress			●	●	●	●	●	●	●			
Crimson beebalm	●	●	●	●	●	●	●	●	●	●	●	●
Dill	●	●	●	●	●	●	●	●	●	●	●	●
Elder	●	●	●	●	●	●	●	●	●	●	●	●
Lemon balm	●	●	●	●	●	●	●	●	●	●	●	●
Lovage	●	●	●	●	●	●	●	●	●	●	●	●
Marjoram	●	●	●	●	●	●	●	●	●	●	●	●
Oregano	●	●	●	●	●	●	●	●	●	●	●	●
Parsley				●	●	●	●	●	●	●	●	
Peppermint	●	●	●	●	●	●	●	●	●	●	●	●
Purslane	●	●	●	●	●	●	●	●	●	●	●	●
Rosehip	●	●	●	●	●	●	●	●	●	●	●	●
Rosemary	●	●	●	●	●	●	●	●	●	●	●	●
Saffron	●	●	●	●	●	●	●	●	●	●	●	●
Sage	●	●	●	●	●	●	●	●	●	●	●	●
Tarragon	●	●	●	●	●	●	●	●	●	●	●	●
Wild garlic			●	●								

● Harvest ● Available in the shop

Vegetables, fruit and co. near you

Nothing tastes better than freshly harvested food purchased directly from the farm shop! Buying your food at source saves it from having to be transported over long distances and thus protects the environment. At the farm, your local farmer will be happy to tell you everything you want to know about the food's origin and production. Did you know?! Some farming families offer much more than just a shopping experience. Head out on a trip with your family and visit a farm with a petting zoo, for example.

